

“There is sufficient evidence for the safety and preliminary efficacy data from clinical studies to support the use of HBOT in [Concussion]mild traumatic brain injury/persistent post concussive syndrome (mTBI/PPCS). The reported positive outcomes and the durability of those outcomes has been demonstrated at 6 months post HBOT treatment. . . . This is now an issue of policy modification and reimbursement, not an issue of scientific proof or preliminary clinical efficacy.”

Xavier A. Figueroa, PhD and  
James K. Wright, MD (Col Ret),  
*USAF Hyperbaric Oxygen: B-Level Evidence in  
Mild Traumatic Brain Injury Clinical Trials.*  
Neurology® 2016;87:1-7  
<https://bit.ly/2zoIzBv>



#### DoD/VA/Army Randomized Controlled Trials have shown that HBOT is both safe and effective:

“[HBOT]offered statistical and in some measures clinically significant improvement over local routine TBI care.” Also: “.... total scores for [both] groups revealed significant improvement over the course of the study ....” Expert outside consultants declared that “[HBOT] is a healing environment.”

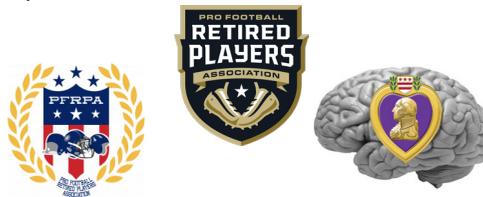
### Effective Treatment for Brain Injury Due to Concussion is Available Today

“Watchful waiting” and repeated cognitive tests are wholly inadequate standards of medical care for concussion or any head injury. Effective, wound-healing therapies that *heal the brain* are readily available. Evidence-based clinical success with head injury treatment protocols worldwide continues to accumulate. The Israeli Defense Forces have made HBOT the standard of care for TBI. Research published in Neurological Sciences in January 2016 concludes that, “Compelling evidence suggests the advantage of HBOT in traumatic brain injury...[and] its utility as a standard intensive care regimen in traumatic brain injury.”

For more information, go to  
<https://tinyurl.com/ybldktqn>

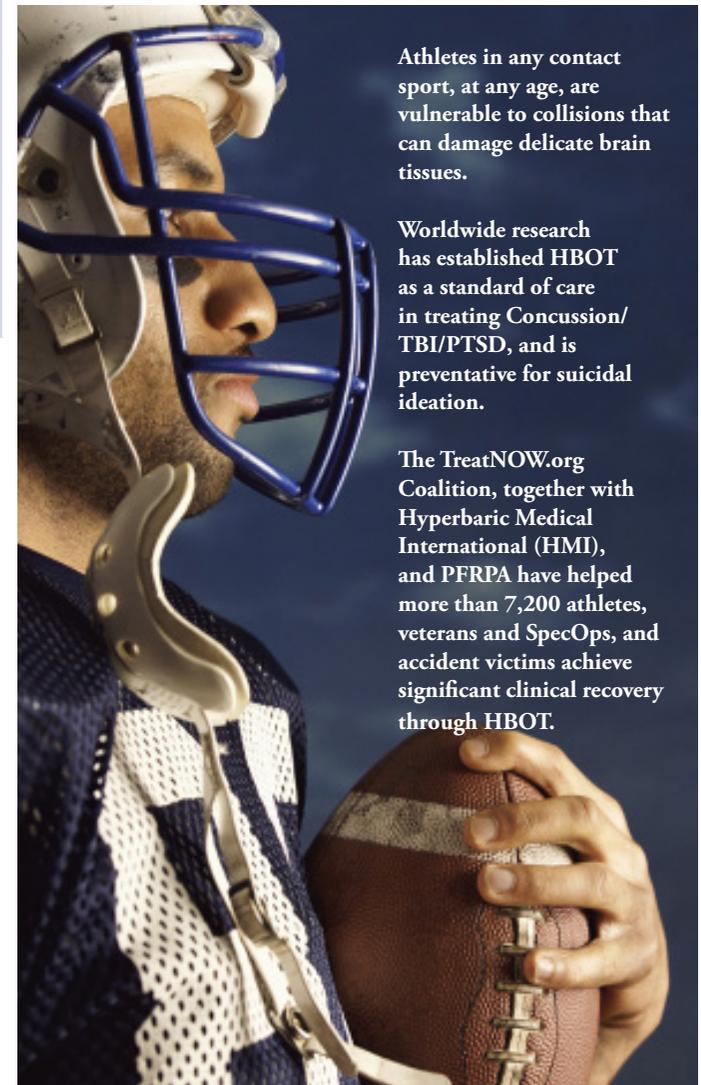
#### Visit [TreatNow.org](http://TreatNow.org) to learn more.

The TreatNow coalition has focused on the use of HBOT in treating traumatic brain injury, primarily in veterans. We have spent the last ten years building coalitions of civilian physicians and clinics to provide care to more than 3,800 veterans, active duty service members, professional athletes and civilians who have suffered head injuries. Nearly all have experienced significant, often life-altering, improvements in brain function. In more than 50 cases, we have returned *GridIron Greats* and Special Operations warriors to active duty who had been slated for medical discharges due to head injury.



The information provided here does not constitute a medical recommendation. It is intended for informational purposes only, and no claims, either real or implied, are being made.

**Concussion is treatable.**  
Hyperbaric Oxygen Therapy (HBOT)  
stimulates brain healing and can  
reverse soft tissue and neurocognitive  
damage



Athletes in any contact sport, at any age, are vulnerable to collisions that can damage delicate brain tissues.

Worldwide research has established HBOT as a standard of care in treating Concussion/TBI/PTSD, and is preventative for suicidal ideation.

The TreatNOW.org Coalition, together with Hyperbaric Medical International (HMI), and PFRPA have helped more than 7,200 athletes, veterans and SpecOps, and accident victims achieve significant clinical recovery through HBOT.

[www.treatnow.org](http://www.treatnow.org)  
703-346-8432



### Effective Treatment for Brain Injury Due to Concussion is Available Today

In much the same way that traumatic brain injury (TBI) has become the “signature wound” of the wars in Iraq and Afghanistan, Concussions and their long-term consequences are being seen as significant risks to athletes of all ages. Football and soccer are particularly in the spotlight. The goal of HBOT treatment is to heal the underlying damaged brain tissue as quickly as possible to stem chronic, debilitating conditions in the short and long term.

Seventeen peer-reviewed studies have concluded that hyperbaric oxygen therapy (HBOT) is effective in treating brain wounds. The TreatNOW Coalition, in affiliation with Hyperbaric Medicine International and America’s Mighty Warriors have provided treatment to thousands of veterans and athletes resulting in significant, often life-altering, clinical improvement.



*HBOT restores the lives of TBI/PTSD veterans such as MAJ Ben Richards (USA, ret.); hear his story.*

<http://tinyurl.com/ologhrl>

### How does HBOT work?

The patient spends about one hour per session in a hyperbaric chamber, breathing pure oxygen under pressure which saturates the body’s tissues and reaches damaged areas that had lacked blood supply and oxygen. With repeated treatments, the oxygen flow stimulates the body’s healing processes and allows most patients to experience rapid recovery of cognitive and neurological functioning without surgery or drugs.



Breathing oxygen under pressure has long been used to treat scuba divers suffering from “bends” (decompression sickness). The FDA has now approved this treatment for a dozen more medical conditions, including carbon monoxide poisoning, air embolism, burns, and crush injury. Many more successful “off-label” treatments are now being documented in the US and abroad but have not yet been approved by the FDA. Worldwide, everyone certifies the safety of HBOT.

This is a rapidly evolving branch of medicine. HBOT has generated interest due to highly successful outcomes in 7,200 cases of TBI/PTSD/ Concussion, notably among military veterans and athletes who have experienced serious complications due to heavy reliance on habit forming drugs which do nothing to treat the underlying brain wound. HBOT shows positive

### Real World Testimonials



*NFL legend Joe Namath on Howard Stern discusses his HBOT experience:*

[tinyurl.com/yxkwdb27](http://tinyurl.com/yxkwdb27)



*Joe Delamielleure, Buffalo Bills, HOF 2003, “Of all the therapies I have been treated with, Hyperbaric Oxygen has helped me the most.”*

<http://tinyurl.com/gux4pbv>



*HBOT brought former SEAL Dave Rogers “Back 2 Life”:*

<https://youtu.be/kZ3TFGjbptA>



*Roy Jefferson, Steelers/Colts/ Redskins, and family discuss life changes after HBOT.*

<https://bit.ly/2MDg1JV>



*Marv Fleming of the Packers, Dolphins, Redskins discusses benefits of HBOT.*

<https://bit.ly/2G1kVOW>